

Canoe, Sea Kayak, & Stand Up Paddleboard Instruction / Rentals • Paddling BBQ Socials • Kayak & Paddleboard Evening Trips • Ontario & Canada-Wide Canoe, Kayak & Paddleboard Certification • Paddling School • In-Pool Winter Instruction & Practice Nights

*For over 30 years now, we have been teaching the skills, safety, and joy of paddling to thousands of people. A canoe, kayak or paddleboard can take you to places you can't get to by foot, car or motorboat, as well as being a wonderful day or evening paddle away from the rush of city life. Over three decades of focused dedication has gone into what we offer this year through over a hundred years of instructor experience. Come down and learn new skills, increase your health and stamina, and meet others who like yourself, enjoy the natural side of Toronto. Our instructors are simply the nicest, most genuine and enthusiastic you will meet! Friendly faces will make sure you learn safely and comfortably, ensuring your experience becomes a healthy, lifelong, and important part of your life! By using Ontario and Canada's best certification systems, we offer you the opportunity to develop safe, and fun skills. We offer paddling programs, socials & trips year-round, and our lakeside office doors are open daily from Victoria Day Weekend to the end of September each year. We all hope to see you soon and welcome you to another great year of 'excellence on the water!'*

*All the best,*

**Dave & Clare Corrigan, Owners**

**James Kowalewski, General Manager**

Local - 416-203-2277

Toll-free - 800-960-8886

ask@paddletoronto.com

### TO REGISTER FOR A PROGRAM

You can send your request to register for any program on-line at [www.paddletoronto.com](http://www.paddletoronto.com), or email us at [ask@paddletoronto.com](mailto:ask@paddletoronto.com), or call us at (416) 203-2277 or (800) 960-8886. If calling, please leave the spelling of your name, best contact number, email, and the program & date you are interested in. We will call you back shortly to confirm availability.

Full payment is required at the time of registration by either Visa or MasterCard. Once you have registered and paid for your program, we will email you a confirmation, which includes information for our pool or lakeside programs, as well as a 2-page waiver that you must bring completed to your program. All paddling programs include boats, paddles, skirts, PFD's and safety equipment. Please note, prices are subject to change without notice so register early and mark your calendar to make the most of the paddling season.

### "CANCELLATION" OR "TRANSFER TO ANOTHER DATE" POLICY

- Full Refund if more than 5 days prior to program
- Full Refund less \$20 Charge if between 5 - 2 days before program
- 30% Refund if less than 48 hours before program
- No Refund if we aren't notified before a program

### LOCATION

**We are in a Blue and White building** located south of the Rogers Centre (Skydome) right on the edge of Lake Ontario. Our office is directly south of Harbourfront Yachting on the S.W. corner of Queens Quay W. and Rees St (Robertson Crescent), and we are neighbors to the Marine Police Station.

**By TTC**, take the Queens Quay West Street Car (Harbourfront LRT) from underground at Union Station. We are located by the 3<sup>rd</sup> streetcar stop so please disembark at the Rees St. (Radisson Plaza Hotel) and walk 10 metres South towards the waterfront.

**By Car**, pay parking is available on the North/West corner of Queens Quay W. & Rees St. There is additional hourly metered parking on Robinson Crescent (south end of Rees St), under the Radisson Hotel, and just west of the above Queens Quay W / Rees parking lot... in past the beer store. About a 15-minute walk away, you can park at a discounted daily rate at Marina Quay West, which is just east of Bathurst St on the south side of Queens Quay.

### GIFT CERTIFICATES

Gift Certificates are available year 'round and in any quantity. They can be used towards any of the programs we offer, as well as rentals. Give the gift of health, happiness, and relaxation to enjoy right here in the city!

### CANOE & KAYAK STORAGE

Store your personal canoe or kayak right by the water! We provide group paddling nights, BBQ gatherings and brand new outdoor roller-racks; you provide the lock and insurance. Storage season runs yearly May 1 – April 30.

**Fees for 1 Boat: \$369 +HST per boat per year**

**Fees for 2<sup>nd</sup> Boat (married/common-law only): \$269 +HST per boat per year**

## CANOE & KAYAK RENTALS

The 13 Toronto Islands are on our doorstep, with secluded beaches, bird sanctuaries, washrooms, picnic areas, a cottage-country feel, and many waterways to paddle and relax. Stay healthy and enjoy wilderness in the city only a 20 minute paddle away!

Prices include all taxes, equipment & map. Damage deposit required (Visa or MasterCard)

### CANOES (max. 2 people per canoe)

Equipment	Hour	Day
16 & 17ft.	\$30	\$60

### TOURING SEA KAYAKS

Equipment	Hour	Day
Single Person	\$30	\$70
Tandem	\$40	\$85

### STAND UP PADDLEBOARD

Hour	Additional
\$30/1 <sup>st</sup> hour	\$10/add'l hour

## SAVE MONEY!

### Prepay Your Rentals with the Frequent Paddler Card

By purchasing a **Frequent Paddler Card (FPC)**, we will help you stay active and healthy, help you escape the concrete city more often with new friends, and most importantly, help you **save money!** With the **FPC**, we will be able to get you on the water faster and you won't have to worry about carrying around cash for your daily, weekly or monthly adventure. Additionally, the **FPC** is ideal for paddling on the **Evening Social Group Paddles** (Wed, Thurs, or Fri), or to create your own 'day vacation' from the big city practically anytime you want. If you provide us with enough notice, we will do our best to provide you with your favourite boat. Remember, your card never expires and makes a great gift.

**CONTINUING IN 2012! - Select 'Above and Beyond' Programs can be paid with FPC stamps!**

20 stamp card is **\$195 + tax** (\$ 9.75/stamp + tax)

40 stamp card is **\$355 + tax** (\$ 8.88/stamp + tax)

Rent up to a day...	On...	You'll use...	You have saved...
Canoe or Paddleboard	Mon-Fri	2 stamps (\$19.50/boat+tax)	\$40.50
Canoe or Paddleboard	Sat/Sun/Holidays	4 stamps (\$39/boat+tax)	\$21.00
Solo Kayak	Mon-Fri	2 stamps (\$19.50/boat+tax)	\$50.50
Solo Kayak	Sat/Sun/Holidays	4 stamps (\$39/boat+tax)	\$31.00
Tandem Kayak	Mon-Fri	3 stamps (\$29.25/boat+tax)	\$55.75
Tandem Kayak	Sat/Sun/Holidays	6 stamps (\$58.50/boat+tax)	\$26.50

**Notes:** During July & Aug, Mon-Fri 9:00am-3: 30pm, canoe and kayak availability is limited due to our kids camps program. Always call well in advance to reserve a boat.

**Cancellation of Reservation:** Call us 4 hours prior to an evening rental and 16 hours prior to a morning rental to cancel at no charge.

## CLEAN UP THE BAY & SAVE!

Come back from your favorite area with 3 bags of garbage, and you'll get your rental at half price! We'll provide the garbage bags. It feels great, and it is another way that we can work together for a cleaner environment. Interested in other environmental issues that we are concerned about? ...Check out the "Links" section of our web site at [paddletoronto.com](http://paddletoronto.com)

## GROUP SOCIAL PADDLES & BBQ NIGHTS

### Group Social Paddle & BBQ Nights - Every Wed. Thurs. & Fri. nights beginning June 6 – Oct 5<sup>th</sup>, 2012

Want to paddle with a guide and other paddlers? Our Group Social Paddle & BBQ nights are made for you. Each Wed, Thur and Fri nights, enjoy paddling into a setting sun with a barbecue (burgers and veggie burgers) awaiting your arrival back on the mainland. The money raised from the BBQ donations goes toward the cost of food and charities. It's a great time to get to know others and future paddling buddies. Kayaks depart our docks at 6:30pm, so please try to arrive 30 minutes early to sign in, change, prepare your boat, and get onto the water. Having taken an evening beginner kayak course with us, or having equivalent skills will have you ready to paddle these evenings. Tandem kayaks are available if you have a friend and are less experienced. Please note our Sept Group Paddles will leave at 6:00pm. 1.5 Hr Stand Up Paddleboard Group Paddles/BBQ will run every Wed. all summer departing at 6:45pm (Sept 6:15pm).

**Fees:** Solo Kayak or Paddleboard **\$30 (tax incl.) OR 2 FPC Stamps**  
Tandem Kayak **\$40 (tax incl.) OR 3 FPC Stamps**

## SEA KAYAK COURSES

*The water of our Great Lakes is perfectly suited to this sleek craft. Kayaks move through the water with ease and are designed to handle choppy water with confidence. It's wonderful to power your own boat silently by yourself, and to feel the freedom, relaxation and connection to nature that paddling in the city offers!*

### Two-Day Weekend Kayak Course

These great weekend skill sessions will be spent in the fabulous Toronto Island Archipelago. We will spend lots of time on the water, striving to become intimate with the special "feel" of the sea kayak. Even if you have never been in a kayak before, this course will take you right from the beginning, and will most importantly give you time to ask questions and refine the paddling skills you have learned. Participants have the opportunity to achieve their **Paddle Canada Flatwater Kayak Certification** dependant on ability, willingness to do rescues in L. Ontario water or by combining this course with the **In-pool Rescue Course** (see below). Classes run from 10:00am to 4:30pm on Saturday and Sunday. Participants should bring a lunch or be prepared to buy one. Maximum class size is 6.

**Dates:** May 26-27, Jun 2-3, 16-17, 23-24 Jun 30-Jul 1, July 7-8, 14-15, 21-22, 28-29 Aug 4-5, 11-12, 18-19, 25-26, Sep 8-9

**Fees:** \$229 + tax

### One Evening Kayak Course

Take advantage of these one evening beginner-training sessions and familiarize yourself with the equipment and the special skills so that you can enjoy yourself kayaking whenever the opportunity arises. Most of the past participants of this course feel confident enough to join us for our evening **Social Paddles** or to **Rent**. Taking our **In-Pool Rescue Course** (see below) is a great additional course to combine with this evening to increase your confidence on the water. This is our most popular class, so register early to avoid disappointment. Most of the evening is spent on the water. Class runs 5:30 to 9:00 pm. Maximum class size is 6.

**Dates:** May 30, June 4, 11, 18, 25, July 2, 9, 16, 23, 30 Aug 13, 20, 27

**Fees:** \$94 + tax

### Private Kayak Lessons

Learn at your own speed from one of our certified instructors. Lessons run for three hours and are limited to 6 participants per group.

<b># Of people:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Fee per person:	<b>\$185</b>	<b>\$125</b>	<b>\$105</b>	<b>\$95</b>	<b>\$90</b>	<b>\$85 (taxes extra)</b>

## SEA KAYAK VALUE PACKAGES

### Kayak Value Package: Beginner (5 classes to take you from beginner to beyond)

We have put together five classes, which will run once a week designed to provide you with skills in multiple facets of sea kayaking. Over the 5 courses you will have the opportunity for consistent exposure and progression as you also build your paddling community with fellow aspiring paddlers. **Taking all five classes separately would cost over \$625.00.**

Topics include: Basic to Intermediate Kayak Strokes, Assisted Rescues and Towing, Balancing, Edging and Recovery Strokes, Basic to Intermediate Kayak Maneuvers, and a \*Full-Day Excursion.

**Choose from 2 Package Dates:**

1) Jul 3, 10, 17, 24 (5:30-9pm) & July 28\* (10:00-4:30pm)

2) Jul 31, Aug 7, 14, 21 (5:30-9pm) & Aug 25\* (10:00-4:30pm)

**Fees:** \$495 + tax

### **MOVE ON!** Kayak Value Package: Intermediate/Advanced

This 5 day Package takes you beyond the Inner Harbour. It's the same format as the Beginner Package with continued intermediate skills development with a special session on Night Paddling and Navigation. **Pre-requisite:** Beginner Value Pkg or equivalent skills

**Dates:** July 30, Aug 8, 13, 20 (5:30-9pm) & Aug 26 (10-4:30pm)

**Fees:** \$495 + tax

### Kayak Value Package: Fall

This course will emphasize group safety and rescues, emergency planning, gear and equipment for fall paddling and improving paddling skills to match fall conditions. The core intention of these afternoon paddles is to prepare you to safely extend your paddling season into the fall.

**Dates:** Oct 13, 20, 27, Nov 3, 10

**Fees:** \$250 + tax

## KAYAK POOL COURSES

### Pool Practice Nights \*\*

These 1 to 2 hour sessions allow you to use our boats to practice whatever you want and have fun! A great way to cure the winter blues and remember just how much fun sea kayaking is. Keep in mind the pool temperature is usually 30 C. so refresh what you have been taught over the years and tip over as often as you like! Start times are 7:00pm or 8:00pm. Maximum class size is 6.

**Dates:** Jan 20 Feb 10, 24 Mar 16 Apr 13, 27 May 18

**Fees:** \$45 per hour + tax

### \*\*HIRE A PRIVATE INSTRUCTOR DURING POOL PRACTICE SESSIONS

An option to our Pool Practice Nights is the opportunity to hire your own private instructor by the hour. This option is intended for those wishing to perfect their rolling, rescue or learn new tricks but is also a great option for those looking to get a head start on learning to kayak, or have any apprehensions towards being in a kayak.

**Fees for Pool Practice Session with Private Instructor:** \$95 per hour + tax

### Pool Sea Kayak Rescue Course

Possibly the most important course we teach! Have you ever wondered what would happen if you, or a fellow kayaker, tipped over while paddling...would you know what to do? These 2-hour sessions in a downtown Toronto pool will reassure the beginner or experienced Paddler how easy it is to exit an overturned sea kayak and, with simple technique, get back in from the water. With an instructor standing by your side, you can learn solo and assisted re-entry procedures. **Sometimes it's you who needs the rescue, but most of the time it's you who needs to perform the rescue.** Improve your confidence and most importantly, safety on the water. 7:00pm start. Maximum class size is 6.

**Dates:** Feb 3 Mar 2, 23 Apr 10, 20 May 4, 25 June 1, 15, 29 July 6, 20, 24 Aug 10, 24

**Fees:** \$105 + tax

### Pool Sea Kayak Rolling Course

This course is for paddlers who already know their in-water rescues and have experience paddling. Compliment your paddling and rescue skills by learning to roll. These 2-hour sessions in a warm downtown Toronto pool will teach rolling technique in a 2:1 participant/instructor ratio to best ensure a great learning experience! 7:00pm start. Maximum class size is 4 participants with at least 2 instructors.

**Pre-requisite:** Rescues Course or equivalent experience

**Dates:** Feb 17 Mar 9, 30 Apr 17 May 11, 22 June 8, 22 July 13 Aug 17

**Fees:** \$129 + tax

## PADDLE CANADA CERTIFICATION COURSES

### Paddle Canada Sea Kayaking Level 1 Skills Certification Course

This thorough 2-½ day weekend program is for those who want Canada-wide certification in Sea Kayaking. The paddling skills, rescues and theory you learned in the weekend course and pool course will be reviewed and tested. Program begins Fri 6:00-9:00pm and continues Sat & Sun 9:30 am to 6:00pm. **Pre-requisites:** Map & Compass 1 Course, Pool Rescue Course and Weekend Kayak Course or equivalent skills

**Dates:** July 6, 7, 8 OR Aug 10, 11, 12

**Fees:** \$295 + tax

### Paddle Canada Flatwater Instructor Certification Course

This Paddle Canada nationally recognized certification course is for experienced paddlers who have achieved their SK1 Certification and want to teach kayaking. We will hone your paddling skills then teach you how to teach, including lesson plans, group safety, group interaction and learning styles, as well as all your Paddle Canada materials. Fri, Sat & Sun 9:30am to 6:00pm. **Pre-requisite:** SK1 Certification or equivalent experience, & pre-payment of Paddle Canada Instructor Candidate materials/membership fee.

**Dates:** Early Season & to be announced...check our website or call for dates

**Fees:** To be set

### Paddle Canada Sea Kayaking Level 2 Skills Certification Course

This 4-day Paddle Canada nationally recognized certification course is for experienced paddlers who have acquired their SK1 Certification and want to advance their skills. We will hone your paddling skills and advance your knowledge of safe seamanship. Includes all Paddle Canada materials, paddling equipment and camping fees on the Toronto Islands. Program runs Fri 6:00-9:00 pm and Sat & Sun 9:30 am to 6:00 pm. **Pre-requisite:** SK1 Certification or equivalent experience, Wilderness First Aid (16 hours) with CPR strongly recommended, and 3 daylong, kayaking trips in different locations.

**Dates:** To be announced...check out our website or call for dates

**Fees:** To be set

### Paddle Canada Sea Kayaking Level 1 Instructor Certification Course

This is another great course that is running in conjunction with our Flatwater Instructor Course. This 4 1/2 day Course is great experience for those who wish to become a better instructor. Fri. 6:00-9:00pm and continues Sat and Sun 9:30-6:00pm.

**Pre-requisite:** SK2 Certification or equivalent experience, 18 years old, Basic First Aid/CPR, Paddle Canada membership, and 30 days tripping experience.

**Dates:** To be announced...check out our website or call for dates

**Fees:** To be set

## ABOVE & BEYOND PROGRAMS

### Pay for 'select' Above & Beyond Programs with FPC Stamps

*Our Above & Beyond Programs teach valuable tips to make your next trip outdoors comfortable and relaxing. The on-land Programs include relevant printed course materials. The on-water Clinics includes your favorite boat & equipment.*

#### Map & Compass/Navigation Level 1 (One Evening)

On-Land...For the beginner or as a great refresher course, Map and Compass/Navigation Level 1 starts with map reading and basic compass use as individual tools and ends with learning how to use the two together as a functional skill. Course runs 5:30-9:00pm.

**Dates: June 26**

**Fees: \$69 + tax OR 6 FPC Stamps**

#### Kayak Morning Social Paddle

Good Morning! We are pleased to continue our Morning Social Paddles. In the same spirit as our very popular Evening BBQ paddles, Harbourfront Canoe and Kayak Centre offers guided morning paddles to enjoy the morning sun and the opportunity to be first on the water. Join one of our "early to rise" instructors on a leisurely paddle to the Toronto Islands, Ontario Place and any other location of interest BEFORE the regular water traffic starts! 6:30am-8:00am.

**Dates: To be announced...check our website or call for dates.**

**Fees: \$25 + tax OR 2 FPC Stamps**

#### Kayak Night Cruises – See the Harbour in an entirely new light!

Due to the unique nature of a night paddling program, such as tighter ratios of guide-to-participants and additional required equipment, ensures the safety and quality of this specialized excursion. Whether it's exploring the Chinese Lantern Festival, viewing the skyline at night or counting the stars over the Toronto Islands, come and discover the peacefulness and beauty of paddling Toronto at night. **Prerequisite:** Previous paddling experience is required for this program

**Dates: July 3, 17, 31 (8:30-11pm), Aug 14, 28 (8:00-10:30pm), Sep 11, 25 (7:30-10pm)**

**Fees: \$69 + tax OR 6 FPC Stamps (Note: \$10 discount if bringing your own boat)**

#### Group Social Paddle & BBQ Nights - Every Wed. Thurs. & Fri. nights beginning June 6 – Oct 5<sup>th</sup>, 2012

Want to paddle with a guide and other paddlers? Our Group Social Paddle & BBQ nights are made for you. Each Wed, Thur and Fri nights, enjoy paddling into a setting sun with a barbecue (burgers and veggie burgers) awaiting your arrival back on the mainland. The money raised from the BBQ donations goes toward the cost of food and charities. It's a great time to get to know others and future paddling buddies. Kayaks depart our docks at 6:30pm, so please try to arrive 30 minutes early to sign in, change, prepare your boat, and get onto the water. Having taken an evening beginner kayak course with us, or having equivalent skills will have you ready to paddle these evenings. Tandem kayaks are available if you have a friend and are less experienced. Please note our Sept Group Paddles will leave at 6:00pm. 1.5 Hr Stand Up Paddleboard Group Paddles/BBQ will run every Wed. all summer departing at 6:45pm (Sept 6:15pm).

**Fees: Solo Kayak or Paddleboard \$30 (tax incl.) OR 2 FPC Stamps**

**Tandem Kayak \$40 (tax incl.) OR 3 FPC Stamps**

#### Kayak-Exercise Evening Classes

Kayak-Exercise is an activity that offers anyone with interest the opportunity to combine a fantastic core workout with basic to advanced kayak drills, techniques and games. Due to the "paddle-friendly" design of our kayakercise boats, you do not need to be proficient in kayaking to participate. We do however require that you have previous kayaking experience. Each class starts out with an on-land warm-up, stretching and core strengthening before heading out onto the water for your main workout. End your day with an invigorating on-water class! This program is designed so you can customize your own schedule. There's no contract to sign, renew at anytime and choose your own schedule.

**Dates: Spring/Summer Classes beginning June 6**

**Monday 6:30-8:00pm – on-water Endurance Paddle (approx 8km)**

**Wednesday 6:30-8:00pm – on-water workout intervals and circuit**

**Friday 6:30-8:00pm – on-water workout intervals and circuit**

**Fees: Class-by-Class \$25 +tax**

**5 Classes \$99 +tax**

**10 Classes \$175 +tax**

#### Kayak Recreational Race Series

We will be running an evening points-series race with prizes ...stay afterwards for the BBQ, & check out our website for details! We have categories from beginners to adventure racers. Simply call to reserve a boat or bring your own!

**Dates: July 3, 24 (7pm start) & Aug 11 (8am start) 2012**

**Entry Fee: \$10.00 (tax incl.) with Own Boat**

**\$20.00 (tax incl.) or 2 FPC Stamps with Boat Rental**

## STAND UP PADDLEBOARD (SUP)

*Stand Up Paddleboarding (SUP for short), looks exactly as it sounds: you stand on a large surfboard and propel yourself forward with a paddle. But, unlike traditional surfing, you don't have to wait for the waves. In fact, SUP, which is becoming very popular due to the full body exercise it provides, can be done here at Harbourfront's Harbour or across into the Toronto Islands.*

*Give us a call and schedule an introductory lesson and paddle today. What a wonderful way to see the wildlife of the Toronto Islands from a standing vantage point! Great upper body, legs, and abs workout, and there's lots to learn about easily edging the board to keep it tracking straight when paddling on one side. Come try it to possibly expand your list of healthy hobbies!*

### SUP Rentals

Prerequisite: Intro Lesson or equivalent experience.

**Fees incl. HST: \$30/First Hour \$10/Hour Each Additional Hour or 2 FPC stamps**

**Please call to reserve your Rental at 416 203 2277**

### SUP Intro Lesson (1.5 Hours)

We use our pontoon boat to transport you over to the Toronto Islands to start by wading off a beach. Learn the basics from our certified Paddle Canada Paddleboard Instructors. Offered every Thursday July 5-Sept 26 2012. 6:30pm till 8:30pm allows for 1.5 hr lesson and transportation on pontoon boat.

**Dates: July 5, 12, 19, 26, Aug 2, 9, 16, 23, 30 Sep 6, 13, 20, 27**

**Fees: \$75 +Tax**

**Please call to book your Lesson at 416 203 2277**

### SUP Tours

After you take our Intro Lesson or already having the equivalent experience, you can choose from 2 types of tours:

**3 Hour Deluxe Tour:** We use our pontoon boat to transport you over to the Toronto Islands to start by wading off a beach. We paddle through some of our favorite spots with some island and nature interpretation along the way. We will take a 5 minute walk over to Gibraltar Point to either catch some waves, go for a swim or simply relax on the beach with the snack and drink the tour leader brings. Afterwards we continue exploring on our relaxing paddle before the pontoon boat comes over to bring us back to Harbourfront.

**Dates: July 7, 14, 21, 28 Aug 4, 11, 18, 25 Sep 1, 8, 15, 22, 29**

**Fees: \$195 +Tax**

**1.5 Hour Social Paddle:** Want to paddle with others who like yourself, love to get out for a bit of exercise and a great social time? Every Wed evening while others are paddling kayaks, join a separate Paddleboard leader and enjoy paddling into a setting sun on the Harbour with a BBQ (burgers & veggie burgers) awaiting your arrival back on the mainland. The money raised from BBQ donations goes towards the cost of the food and charities. It is a great time to get to know others and future paddling buddies. Start paddling from our mainland docks at 6:45 pm (6:15 in Sept), but try to arrive 30 minutes early to sign in, get changed and get everything ready to go. Having taken the 1.5 hour Intro Lesson or having paddled paddleboards for a couple hours comfortably in the past will have you ready for this evening.

**Fees: \$30 (tax included) or 2 FPC Stamps**

### Paddle Canada Advanced Stand Up Paddleboard Certification - Beyond The Basics

After taking the 1.5 hour intro course to Paddleboarding, why not learn the skills beyond the basics from certified Paddle Canada Instructors. This course may appeal to those who intend on progressing their SUP skills to paddle in surf conditions and lakewater day tripping. Learn the skills that are commonly used for surfing, and if the conditions allow we are fully intending to get you practiced with waves. Provides the theory and skills for paddling inland waters with wind and waves. Includes: pivot turns, wave surfing, foot positions, edging and bracing, weather, safety, and journeying considerations. Prerequisite: Intro Course or equivalent skills. Course runs 10:00am-4:00pm

**Dates: June 23 or July 21**

**Fees: \$165 + Tax**

### Paddle Canada Instructor Stand Up Paddleboard Certification

The Flatwater Stand Up Paddleboard Instructor course is designed to provide a national certification in the instruction and administration of the Flatwater Stand Up Paddleboard Program. The Flatwater Stand Up Paddleboard Instructor is certified to conduct the PADDLE CANADA Introduction to Stand Up Paddleboard and Advanced Flatwater Stand Up Paddleboard courses and to certify paddlers at those levels. Prerequisite: Advanced Flatwater Certification or Equivalent Skills.

**Dates: Early Season & to be announced..check our website or call for dates**

**Fees: To be announced**

## CANOE COURSES

*Canoeing is a wonderful way to get away from the crowds and do some amazing camping. Easy to pack, portage, and social to paddle, these boats and the knowledge you gain from these courses, will allow you to physically and emotionally escape to our world-renown Ontario Parks!*

### Weekend Canoe Course

Perfect for a beginner or intermediate canoeist who wants to renew and enhance their skills. Develop your paddling ability amongst the fabulous Toronto Island Archipelago. Topics include dock entries and exits, seating positions, safety and rescues, portaging, changing positions, draws, prys, the "J" stroke, canoe design, tandem and some solo paddling. ORCKA Flatwater Basic Level 1 & 2 Certification available dependent on your goals and ability. Classes run Sat & Sun 10:00am to 4:30pm. (Note: Let us know if you are interested in Level 3 Certification Courses)

**Dates: June 16-17 July 14-15 Aug 11-12**

**Fees: \$189 + tax**

### Solo Canoeing ORCKA "D" Course

This is the art of canoeing - learning to make your canoe dance on the water. A great addition to your skills, this day offers a basic understanding and practicing the techniques needed to control your boat paddled solo. Depending on participant ability, ORCKA Flatwater Canoe D Certification is available. Prerequisite is the Canoe Weekend course or equivalent skills. Course runs each day from 10am-6pm.

**Dates: Aug 18-19**

**Fees: \$189 + tax**

### Evening Canoe Course (Introduction to Canoeing)

Whether you wish to start a new hobby, refresh your stroke memory or are just curious about canoeing, this introductory program has been designed to satisfy all. This evening course focuses on the basics needed to get you started, including basic canoe control, portaging, dock entries and exits, canoe safety and much more! Sessions run weekday evenings from 5:30-9:00pm.

**Dates: June 11 July 23**

**Fees: \$79 + tax**

### Private Canoe Lessons

Learn at your speed from one of our certified instructors. Lessons run for three hours and are limited to 6 participants in your group.

<b># Of people:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Fee per person:	<b>\$185</b>	<b>\$125</b>	<b>\$105</b>	<b>\$95</b>	<b>\$90</b>	<b>\$85 (taxes extra)</b>

## GROUP PACKAGES

We have wonderful ideas for fun group dynamics, and to bring your group together. For over 25 years, we have provided our huge Voyageur Canoes, tandem canoes, kayaks, leadership, insurance, skills and knowledge of wonderful location to thousands of people at great value. The 13 Toronto Islands are on our doorstep with secluded beaches, bird sanctuaries, washrooms, and picnic areas. To book one of the following Group Paddling Programs, please call local 416-203-2277 or toll-free 1-800-960-8886 or email [ask@paddletoronto.com](mailto:ask@paddletoronto.com)

### A. Guided Tandem Kayak Tour of the Toronto Islands: 3 hours

Come join us for a 3-hour interpretive tour of the Toronto Islands and be "closer to nature". This journey will take you to various areas of the 13 Islands archipelago where you will learn about the vast history, the flora and fauna, and current environmental initiatives of this evolving eco-space. Your program will involve a brief orientation, safety talk, approximately 2 hours of paddling with opportunities to get out and stretch your legs. Call in to reserve your seat! Max. is 12 participants.

**Fee: \$125 per person + tax**

### B. Voyageur Canoe Tours of the Toronto Islands: 2.5 hours

This is an affordable and relaxed option. These highly stable boats were originally designed to carry people and goods across Canada; we now use them to transport your team throughout the many channels and lagoons of the Toronto Islands - a small paradise in Toronto's own backyard. No paddling experience required. Price depends on size of group.

**Fee: \$27 - \$32 per person + tax**

### C. Sunset Voyageur Canoe Tours: 3 hours

Come join us for a relaxing tour of the Toronto Islands! The goal is to set out and have beautiful tour in the island with our ultimate destination of the sandy beaches on Hanlans Island in time for the setting sun. These beaches are front row seats to the setting sun along the city skyline. We will bring some blankets, some hot chocolate and some good laughs. To top off the night see the inner Harbour in a very different light as we light up our boat and head back with a night paddle. No paddling experience is required. Tours depart every Friday evening at 7:00 pm and return approx. 10:00 pm.

**Fee: \$85 per person + tax**

## CORPORATE SOLUTIONS

Our Corporate events can take on many forms; from exciting head-to-head races or single challenges, to leisurely paddles through the Toronto Island Archipelago – all you need to do is choose! To arrange a Corporate Solution or obtain a quote, contact James at 416-203-2277 or [E-mail: james@paddletoronto.com](mailto:james@paddletoronto.com)

### Corporate Solution 1: The Incredible Island Race

This is by far our most popular event! In a similar format to a certain popular television show, teams travel to various locations across the Islands completing tasks in order to gain their next clue. The first team to complete the entire race is declared the overall winner. We've observed that teams who truly work together typically excel in this event. Time scheduled for this event is 2 hours, although duration can be customized.

### Corporate Solution 2: Island Passport Scavenger Hunt

Teams are handed a passport, map, compass and a few other specialty items. With only a certain amount of time, use these items in order to collect information and perform small tasks on your way to the finish line. But we warned! There are more tasks than time permits so group strategy must be used as certain tasks are worth more points than others, and penalties are charged for teams arriving late to the finish line. Time scheduled for this event is 2 hours, although duration can be customized.

## EXCURSIONS!!

We offer fun and exciting hiking and/or paddling trips each year either in Canada, the U.S. or abroad. Check out our excursions website [www.harbourfrontadventures.com](http://www.harbourfrontadventures.com) for more information. You can find updates on the latest trips we're offering as well as download current itineraries and registration forms. Come join us on one of our exciting trips!

## HARBOURFRONT CENTRE KIDS CAMPS

We run exciting canoe & kayak day camps for kids aged 6-15 through Harbourfront Centre every week in July and August that are very affordable. Programs run 9am-3pm Weekdays and early/late pickups are available. Supervised busing is available from about 40 stops throughout Toronto. To register or get more information, please call the Harbourfront Centre Harbourkids Camp Hotline at (416) 973-4093 or visit their website at [www.harbourfrontcentre.com/camps](http://www.harbourfrontcentre.com/camps)

### Kinder-Canoe: Ages 6 to 8

This exciting program provides loads of outdoor fun and activities for young campers. Traditional canoeing skills are taught by our experienced staff in the safe, protected waters of our site including the Natrel Pond at York Quay Centre. Campers also use 24- and 36-foot Voyageur canoes to re-enact great moments from canoeing history. Crafts, games, camping skills and environmental awareness are included in this active weeklong program.

### Canoeing: Ages 9 to 14 (Campers grouped by age)

Campers explore Toronto's protected Inner Harbour and the amazing lagoons of the Toronto Islands while learning paddling skills and water safety. Outdoor cooking, voyageur games and leadership skills are also taught, along with lessons on the importance of the canoe in Canadian history. Campers have the opportunity to work toward their Ontario Recreational Canoeing Association certification. Returning and/or experienced canoeists can achieve higher certification.

### Outdoors Bound: Ages: 9 to 11

These camps focuses on a variety of exciting outdoor skills, including tandem & voyageur canoeing, camping, environmental awareness, and water safety. Tenting, outdoors cooking, fire building, beginner first aid and the essentials of packing smart and being prepared are all a part of this active weeklong program.

### Outdoors Beyond: Ages 11 to 15

Campers use skills learned in this camp on a supervised overnight camp-out on the Toronto Islands completing this 'great outdoors' experience. Canoeing, kayaking, water and campsite safety, outdoor cooking, fire building, orienteering, beginner first aid, packing smart and tenting are all part of this outdoor introduction. This camp helps facilitate entry into the Canoe & Kayak Centre's leadership training program at age 15.

### Sea Kayaking: Junior: ages 10 to 15

Campers, grouped by age, learn the exciting sport of sea kayaking through expert instruction in paddling techniques, equipment function and repair, boat rescues, and water safety. This sleek, stable watercraft is a perfect vehicle for expeditions through Toronto's Inner Harbour and the Toronto Islands and is very popular in provincial parks and holiday destinations worldwide. Campers also learn water safety, packing skills, environmental awareness, and weather prediction through a variety of outdoor activities and group games.

## KIDS CAMP JOB OPPORTUNITIES

### Senior Instructors

To provide a fun and safe environment for the campers attending their group on any given week that follows the description in the Harbour Kids Camp Brochure. Senior Instructors should utilize the skills and abilities of the Junior Instructor and I.I.T. to improve the quality of lessons and group dynamics. While at camp, Senior Instructors are responsible for the well being of Campers, Junior Instructors, and Instructors-in-Training. They are responsible to plan out each and every day and are in charge of the group's daily activities; as well as positively follow the Camp Director's suggestions.

**Min. Requirements:** 17 yrs of age, Standard 1<sup>st</sup> Aid/CPR C Certificate, Acquired or working on Flatwater Instructor Certification in either Canoeing or Kayaking, Bronze Cross or NLS Certificate, Camp Experience with children, Good communication and organizational skills

### Junior Instructors

To provide assistance to Senior Instructors in the planning of lessons and/or day plans. In emergency situations, Junior Instructors should go where needed to provide any assistance that is required. Junior Instructors are to adhere to any instructions given by the Senior Instructors unless it puts them or any of the campers in harms way. At any point in the week and without notice, Junior Instructors may be subject to move from group to group to provide assistance and/or may be placed on pond to oversee the groups from Harbour Kids Camps.

**Min. Requirements:** 16 yrs of age, Standard 1<sup>st</sup> Aid/CPR C Certificate, Canoe or Kayak Experience, Camp Experience, Good communication and organizational skills

### Instructors-in-Training (I.I.T.) Volunteer Position

To provide any assistance needed to either the Junior or Senior Instructors with any camp related activity. As this is an unpaid training position, an I.I.T. is encouraged to learn as many skills and teaching techniques as possible from the various groups to which they are assigned. An I.I.T. may also be assigned teaching responsibilities as seen fit by the Senior Instructor. An I.I.T. is often first considered to fill Junior Instructor positions in future years. I.I.T.'s volunteer a **minimum** of 5 non-consecutive weeks during the summer and come away with new canoe and kayak skills, leadership training. Our camp season begins with a mandatory training for ALL staff, including I.I.T.s, the last week of June. I.I.T.s can then choose 4 or more weeks to work as an I.I.T. for our Kid's Camps.

**Min. Requirements:** 15 yrs of age, Canoe or Kayak Experience, Camp Experience

**For more information on Camps or to apply, please email: [camps@paddletoronto.com](mailto:camps@paddletoronto.com)**

**For more General Information, please email: [ask@paddletoronto.com](mailto:ask@paddletoronto.com)**



**We look forward to seeing you! ... on the water!!**